



AYSO AREA 11-K
2010-2011
RULES and REGULATIONS

Region 5	<i>Fountain Valley - Westminster</i>
Region 55	<i>North Huntington Beach</i>
Region 56	<i>South Huntington Beach</i>
Region 117	<i>Central Huntington Beach - Fountain Valley</i>
Region 143	<i>West Huntington Beach - Westminster</i>
Region 177	<i>Long Beach - Los Altos - Belmont Shore</i>
Region 517	<i>Santa Ana</i>
Region 1335	<i>Orange - Villa Park - Anaheim Hills – East Anaheim - Orange Park Acres</i>

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1. GENERAL

- 1.1. All Inter-Regional Area 11-K games shall be conducted in accordance with AYSO National Rules and Regulations, Section 11 Rules and Regulations, Area 11-K Rules and Regulations, and the current FIFA Laws of the Game and International Football Association Board Decisions, as contained therein, with all applicable AYSO modifications and Rules of Competition.
- 1.2. The Area 11-K Rules and Regulations are generally intended to complement and/or cover situations not adequately addressed by other prevailing rules and regulations.
- 1.3. Any situation or subject not covered by the aforementioned rules shall be decided by the Area Director.
- 1.3.1. The Area Director shall have the authority to grant exceptions or waivers to the Area 11-K Rules and Regulations.
- 1.3.2. Authorities and responsibilities of the Area Director, as defined in the Area 11-K Rules and Regulations, may be delegated to a third person at his/her discretion.
- 1.4. The rules and regulations governing Inter-Area games shall be determined by the Section Director or Area Directors participating in such Inter-Area games.
- 1.5. Area 11-K shall maintain a National Accounting Program (NAP) account which will fund the Area 11-K programs.
- 1.5.1. The Area 11-K account requires 2 signatures on all checks. Signers on the account shall be the Area Director (Executive Member), the Area Treasurer and at least one other Area Staff member designated by the Area Director.
- 1.5.2. The Area 11-K account shall be maintained by the Area Treasurer who will present a written Financial Statement at each Area 11-K Board meeting.

2. JURISDICTION

- 2.1. The Area 11-K Board shall consist of the Executive Members and Area Staff Members.
- 2.1.1. The Executive Members are the Area Director and Regional Commissioners which constitute the voting members of the Board.
- 2.1.2. The Area Director shall be elected from the nominees presented to the Regional Commissioners and the Area Director for consideration. The candidate receiving a majority of the votes cast by the Regional Commissioners and the Area Director shall be the Area Director-Elect
- 2.1.3. The Area Director-Elect shall be presented to the Section Director for approval. The Section Director shall submit the approved Area Director-Elect to the National Board of Directors for approval. If approved by the NBOD, the Area Director shall be appointed for a three (3) year term.
- 2.1.4. The Area Director's vote shall serve as a tie-breaker only except when electing the Area Director.
- 2.1.5. The Area Staff Members include the Assistant Director, Referee Administrator, Coach Administrator, Management Administrator, Treasurer, Secretary, Spring Coordinator, EXTRA Coordinator, Scheduler, U16 & U19 Director, VIP Administrator, Tournament Director, Director of Referee Assessment, Director of Referee Instruction, Webmaster, Youth Referee Administrator and any other staff member designated by the Area Director.
- 2.1.6. Five of the Regional Commissioners and the Area Director shall constitute a quorum.
- 2.1.7. Each region shall be allowed one (1) vote. A simple majority shall carry any vote by the Area 11-K Board.
- 2.1.8. The Regional Commissioner may designate a region representative. The designated region representative may cast a substitute vote in the absence of a voting member
- 2.2. The administration of all Inter-Regional play shall be determined by a majority vote of the members of the Area 11-K Board with the approval of the Area Director.

- 2.3. The Regional Commissioner shall have jurisdiction over all games played in his/her region, and shall be responsible for the coordination of his/her respective region in all Inter-Regional play.
- 2.4. In the event a dispute between two or more regions that can not be resolved through mutual agreement between the respective Regional Commissioner(s), the Area Director for Area 11-K shall resolve the dispute through arbitration or an executive ruling, should arbitration fail.

3. **PLAYER AND COACH ELIGIBILITY**

- 3.1. Each region shall be responsible for selection of coaches, formation of its teams and leagues, and for insuring eligibility of its players.
 - 3.1.1 All Coaches and Assistant Coaches participating in Inter-Regional play **MUST** have current volunteer forms on file with the AYSO National Support & Training Center (NSTC), be Coach Safe Haven Certified and have the age appropriate or higher coach training, i.e. U10, U12, U14 (Intermediate Coach), and U16 and U19 (Advanced Coach).
 - 3.1.2. Any Coach or Assistant Coach who does not have the required certification will not be permitted to participate in Inter-Regional play unless the requirement is waived by the Area Director.
- 3.2. Ages of Players shall be determined as enumerated below:
 - 3.2.1. U10 - Must be nine (9) years of age or younger as of August 1st of a given year.
 - 3.2.2. U12 - Must be eleven (11) years of age or younger as of August 1st of a given year.
 - 3.2.3. U14 - Must be thirteen (13) years of age or younger as of August 1st of a given year.
 - 3.2.4. U16 - Must be fifteen (15) years of age or younger as of August 1st of a given year.
 - 3.2.5 U19 - Must be eighteen (18) years of age or younger as of August 1st of a given year.
- 3.3. All players must be registered with AYSO as of October 31st of a given year to be eligible to participate in Fall post-season play.
 - 3.3.1 All players must have played in at least one-half (1/2) of the total number of scheduled games for the AYSO Fall Season Program to be eligible to participate in post-season play.
 - 3.3.2 Where extenuating circumstances (injury, illness, etc.) prevail, the eligibility requirements may be waived by the Regional Commissioner with approval of the Area Director on a case by case basis.
- 3.4. Team Rosters, AYSO registration forms & AYSO ID Cards must be in the possession of a team representative at all Area 11-K sponsored events (games, practices, scrimmages, tournaments, etc.).
 - 3.4.1. Team Rosters must be signed by the Regional Commissioner, thus certifying the eligibility of the players listed therein, and must be received by the Area Director no later than five (5) days prior to the start of any Inter-Regional play.
 - 3.4.2. All players participating in Area 11-K Inter-Regional games are required to have official, AYSO issued ID cards that shall bear the player's name, picture, AYSO ID #, birth date, season (year), and original signature (in a color other than black) of the current Regional Commissioner.
 - 3.4.3 Coaches and Assistant Coaches are also required to have AYSO ID cards with the same information and signature as the player ID Cards, but are not required to include their birthdates.
- 3.5. Failure to prove the eligibility of one or more players on a team, or falsification of same, will result in the expulsion of the team from the league, and will also result in forfeiture of all games played until the time of expulsion. Further disciplinary action shall be at the discretion of the Area Director.
- 3.6. Roster changes shall only be with the express approval of the respective Regional Commissioner.
 - 3.6.1. Roster changes in Playoff games shall only be with the express approval of the Area Director. Roster changes are **NOT** allowed on League Champion Playoff teams.
 - 3.6.2. A copy of the revised roster shall be given to the Area Director prior to the start of the next game.

3.6.3. All other provisions for roster changes shall be in accordance with Section 4.

4. **ROSTERS FOR INTER-REGIONAL PLAY**

4.1. The Regional Commissioner with teams participating in Inter-Regional play shall submit certified Team Rosters for each team to the Area Director in accordance with the requirements of Section 3.

4.2. The Team Roster shall include the following information:

4.2.1. Regional and divisional identification

4.2.2. Head Coach's and Assistant Coach's name, phone number and e-mail address

4.2.3. Each player's name, address, phone number, birth date, and AYSO ID #

4.2.4. Uniform Color(s) and team name (if available)

4.2.5. Signature of the Regional Commissioner certifying players' eligibility.

4.3. No team will be allowed to participate in any Area 11-K Inter-Regional play without a properly completed Team Roster, AYSO Player registration forms, and Player, Coach and Assistant Coach ID cards.

4.4. No changes to the Team Roster will be allowed within twenty-four (24) hours of a scheduled game.

5. **AYSO REGISTRATION AND MEDICAL RELEASE FORMS**

5.1. No player may participate in any AYSO Program and/or Area 11-K Inter-Region play unless an AYSO Registration Form and Medical Release (white form) with original signature of the player's parent or guardian for each player is in the possession of the Head Coach or his/her designee at all AYSO sponsored events (games, practices, scrimmages).

5.2. It shall be the responsibility of the Referee to verify that each participating player, coach and assistant coach has a properly completed ID card.

5.2.1. In the event a properly completed, signed and laminated ID card is not available at the field, the affected player(s) shall not be allowed to enter the field until the Referee has satisfied him/herself that the player is eligible. The Referee shall report to his/her Regional Referee Administrator the names of any players without properly completed, signed and laminated ID cards and the Regional Referee Administrator shall forward the report to the Area Referee Administrator for forwarding to appropriate Area or Region for correction.

5.2.2. In the event the coach does not have a properly completed, signed and laminated ID card and neither does the assistant coach, a forfeit shall be declared.

6. **FIELD OF PLAY: REGIONAL RESPONSIBILITIES**

6.1. Each Regional Commissioner hosting Inter-Regional play shall be responsible for properly preparing the playing field used in their respective region(s) to ensure the utmost player safety. The open / closed status of each field shall be posted on the Area 11/K web site.

6.2. Each Region participating in Inter-Regional play, shall supply the Goals, Field Markings, Nets, and Corner Flags for their respective field(s).

6.3. Coaches and players are responsible for cleaning up the general area after their game.

6.4. Field set-up and take-down shall be the responsibility of the hosting Region, but may in some cases need the assistance of the other regions and/or teams.

7. **TEAMS**

7.1. A minimum of seven (7) players shall constitute a team (except U10, which shall be five (5) players).

7.2. The maximum number of players on a team shall be eighteen (18) for U19 and U16 teams, fifteen (15) for U14, twelve (12) U12 teams, and ten (10) for U10 teams.

- 7.3. Team rosters may be increased to more than the maximum number of players as stated in Section 7.2 with the approval of the Regional Commissioner and the Area Director in accordance with the AYSO National Rules & Regulations.
- 7.4. When a color conflict in uniforms exists, the HOME TEAM shall change jerseys.
- 7.5. All teams must have a color change of uniforms or different colored bibs.

8. UNIFORMS

- 8.1. All uniforms shall be in accordance with AYSO National Rules and Regulations as described in Section 400 of the Regional Commissioners' Manual, and may not be exchanged by players during a game (goalkeeper exempt).
 - 8.1.1. Uniforms shall be kept neat and presentable during the game, i.e. jerseys tucked in, socks pulled up, etc.
 - 8.1.2. Shin Guards must be worn by all players at all times during a game and practices, and must be of an acceptable quality and size to offer adequate protection. Shin guards must cover at least half the leg from the knee down, and must be worn inside and completely covered by the sock.
- 8.2. Sliding Pants and/or Bicycle Shorts may be worn.
- 8.3. Braces may be worn in accordance with the AYSO National Rules and Regulations and/or AYSO National Board decisions and if allowed by the Referee.
 - 8.3.1. No hard type of plastic, metal, or anything else considered dangerous to any player, may be worn during the game.
 - 8.3.2. Soft wrap (Ace bandage) may be allowed by the Referee. No metal clips can be used to affix any type of brace or wrap to the player.
 - 8.3.3. Splints of any kind are not allowed to be worn during games.
- 8.4. No player shall be allowed to play in a game with any type of hard cast (even if wrapped in foam or other soft material).

9. GAME OFFICIALS – REFEREES AND ASSISTANT REFEREES

- 9.1. Regional Referee Administrators shall assign game officials for Inter-Regional games assigned to his/her region by the Area Referee Administrator.
- 9.2. It is the responsibility of the Regional Referee Administrators to ensure that qualified referees with the appropriate ability are assigned to the game.
 - 9.2.1. For all Inter-Regional games, referees should be at least two (2) years older than the players in the respective game.
 - 9.2.2. To ensure this requirement is met, primarily for Division U16 & U19 Inter-Regional games, the Regional Referee Administrator(s) shall work under the guidance and direction of the Area Referee Administrator.
- 9.3. All Inter-Regional games shall be officiated using the Diagonal System of Control with one (1) Referee and two (2) Assistant Referees. The two (2) person (two whistle) system is prohibited by AYSO. Use of "Club" Assistant(s) is encouraged, when an insufficient number of game officials are available.
- 9.4. The game officials for a particular game shall at all times uphold the FIFA Laws of the Game (with all AYSO modifications and Rules of Competition) and the AYSO National, Section 11, and Area 11-K Rules and Regulations.
- 9.5. Wherever possible, game officials assigned to Inter-Regional Playoff games shall not come from the same region(s) as the teams. It is recognized that this may not always be possible and/or practical.
- 9.6. It is the responsibility of the Referee to assure that information about Cautions and Send Offs issued to players and dismissals of coaches or spectators are noted on the Game Card and in a Misconduct Report, including names and contact information of the Assistant Referees for the match..

- 9.7. To assure the proper administration of the disciplinary rules, it is the responsibility of the Referee to make the reports required by Section 14.

10. GAMES

- 10.1. All games shall be played as scheduled. Only the Referee, the hosting Regional Commissioner (prior to the start of the game), or the Area Director for Area 11-K shall have the authority to cancel scheduled Inter-Regional games in accordance with AYSO National, Section 11, and Area 11-K Rules and Regulations.
- 10.2. The HOME TEAM shall be the team listed first on the schedules.
- 10.3. The HOME TEAM shall occupy the North or West side of the field, unless local Regional rules require both teams to be on the same sideline.
- 10.4. Coaches are restricted to the technical area, if marked, or if not marked, an area of ten (10) yards on either side of the Center Line and shall stand back at least one (1) yard from the Touchline, wherever possible. Only two coaches will occupy this area during the game.
- 10.5. Players and spectators shall stand back at least three (3) yards from the Touchline, wherever possible.
- 10.6. Only players are allowed on the field, except as allowed by the Referee.
- 10.7. Named substitutes, coaches, and spectators shall not be within eighteen (18) yards in front or behind the Goal Line by either goal.
- 10.8. A properly completed Game Card and Player, Coach and Assistant Coach ID cards shall be presented to the Referee prior to the start of the game.
- 10.8.1. Game Cards shall contain the following minimum information:
- 10.8.1.1 the date of the game;
- 10.8.1.2 the name or Region of the home team and the away team;
- 10.8.1.3 the name of the coach and the assistant coach; and
- 10.8.1.4 the first and last name of all players on the team's roster (whether present or not) as printed on the roster, arranged in ascending order by jersey number (not alphabetical order or random order). If a player is absent, the card should indicate the reason.
- 10.8.2. Player and Coach ID cards shall be returned to the coaches immediately after check-in.
- 10.8.3. Game Cards shall be turned in to the home region according to the region's policy except in games with misconduct. In the case of misconduct, the game cards are to be retained by the Referee for the purposes of completing a Misconduct Report.
- 10.9. Formal Misconduct Reports must be submitted as required in accordance with Section 14.
- 10.10. Size of the Game Ball
- 10.10.1. Size 5 - U19, U16, and U14
- 10.10.2. Size 4 - U12 and U10
- 10.10.3. Acceptance of a game ball shall be at the discretion of the Referee.
- 10.11. Duration of Inter-Regional games:
- 10.11.1. U19 two (2) forty-five (45) minute halves
- 10.11.2. U16 two (2) forty (40) minute halves
- 10.11.3. U14 two (2) thirty-five (35) minute halves
- 10.11.4. U12 two (2) thirty (30) minute halves
- 10.11.5. U10 two (2) twenty-five (25) minute halves

- 10.12. Games shall be played as scheduled (no valid excuse exists for late or no show). The Referee has the authority to cancel a game except as noted below.
- 10.12.1. The Referee shall allow a grace period of fifteen (15) minutes from the scheduled kick-off time before forfeiting the game, to the extent permitted by the schedule.
- 10.12.2. When games previously in progress are running later than fifteen (15) minutes from scheduled kick-off time, no grace period shall be allowed.
- 10.13. In the event games are postponed due to inclement weather, or other unforeseen circumstances, the Area Scheduler shall reschedule the games at the earliest possible date and time with the approval of the Area Director. Requests for rescheduling a game must be made to the Area Scheduler and the Area Referee Administrator no less than 72 hours prior to the game scheduled to be considered. The request will then be forwarded to the Area Director for approval. If approved, the Area Scheduler will notify the host Region's Commissioner with a request for dates and times that the game can be rescheduled. The Area Scheduler will then look at the posted schedule to determine which date and time will avoid conflicts. The coaches concerned will not decide when the game is to be rescheduled.
- 10.14. Only an approved rescheduled game will be sanctioned by the Area. If a game is not sanctioned, it shall be considered a practice game, and will not be counted in the standings.
- 10.15. If a game is suspended or terminated by the Referee prior to the completion of the regulation playing time as a result of actions by players, coaches, and/or spectator(s), the final result of the game shall be determined by the Area Director based on the guidelines listed in Section 10.16.1 or 10.16.2.
- 10.15.1. If a suspended or terminated game is determined a forfeiture, the opposing team will be declared the winner. The declared winner's score for the forfeited game shall be recorded as 3-0.
- 10.15.2. No team shall be allowed to benefit from their own forfeiture.
- 10.16. If a game is not completed through the regulation game time due to termination, and a result is needed, the final resolution of that game shall be in accordance with Sections 10.16.1 or 10.16.2.
- 10.16.1. If a terminated game has been determined it needs a winner, the remainder of the regulation game time will be rescheduled and played at a date and time approved by the Area Director.
- 10.16.2. If a terminated game has been determined not to be a forfeit and does not need a result, the game score shall stand at the time of the suspension.

11. GAME SCORING

- 11.1. For Area K League Playoffs and Area K All Star play, standing points shall be awarded as follows:
- 11.1.1. Seven (7) points for a Win.
- 11.1.2. Three (3) points for a Tie.
- 11.1.3. Zero (0) points for a Loss.
- 11.1.4. One (1) point for a goal (3 point maximum). No additional points are awarded for a Shut-Out.
- 11.1.6. A maximum of (10) points is possible in any one game.
- 11.1.7. A forfeit shall be scored as 3-0 (10 points).
- 11.2. All games sanctioned by Area 11-K shall count fully in determining division standings.
- 11.3. Tie breakers to determine First, Second, Third and Fourth Place will be as follows:
- 11.3.1. Head to Head
- 11.3.3. Least total goals allowed
- 11.3.4. Goal Differential: goals scored, less goal allowed, max differential of three goals per game;
- 11.3.5. Least send offs and dismissals (player, coach and spectator).

- 11.3.6. Coin toss.
- 11.3.7. A tie is an acceptable result for League games and shall be recorded as such. No-overtime play is required for regular season League games.
- 11.4. Game cards shall be used to record the official game score.
- 11.5. Either coach may report the score of a game. Both coaches shall be responsible for ensuring the game score is accurately reported within twenty four (24) hours after the game has been completed.

12. **SUBSTITUTION OF PLAYERS**

- 12.1. Substitution of players in all U10, U12, and U14 games shall be in accordance with the AYSO National Rules and Regulations: Approximately mid-way through each half of the game, at half-time or for injury.
- 12.2. Free Substitution shall be allowed for all U16 and U19 games, and for U10, U12 and U14 games in the overtime periods. Each coach is responsible for insuring that each player on the Team Roster plays a minimum of one-half of every game, that he/she is present for. Failure to adhere to and comply with this requirement may result in the forfeiture of games and possible expulsion of the team from further Inter-Regional play.
 - 12.2.1. Substitutions may be made at any stoppage in play. The referee must be informed before any proposed substitution is made.
 - 12.2.2. Substitutes may not enter the field of play until permission to do so has been given by the Referee and all player(s) to be substituted for have left the field. All substitutes must enter the field at the Half-way Line on their own side of the field.
- 12.3. If a player is injured, the coach may elect to substitute the injured player, or remove the player from the field and play short until the player is ready to return.
 - 12.3.1. For U10, U12 and U14 games, a player who is substituted receives credit for the entire quarter, regardless of the amount of actual time played in the quarter. A player substituted for injury may not return to the game until the next quarter of play.
 - 12.3.2. If the coach elected to play short, the injured player may return when ready, with the referee's permission.
 - 12.3.3. If a coach, assistant coach or other team official enters the field to care for an injured player, that player must leave the field. The player may return, subject to the conditions of 12.3.1.

13. **PLAY-OFF GAMES ENDING IN A TIE AFTER REGULATION PLAY**

- 13.1. If a tie exists at the end of regulation play in any match in which a winner is required, then two (2) full overtime periods shall be played to determine a winner. Overtime periods shall be in accordance with Section 13.2. NOTE: This is NOT sudden victory overtime – the entire time of both overtime periods shall be played.
 - 13.1.1. The team with the most goals at the end of the two (2) overtime periods shall be declared the winner.
 - 13.1.2. Teams playing short in regulation time play as a result of send offs shall continue to do so in overtime.
 - 13.1.3. Free Substitution shall be allowed for all divisions during overtime play only. For rules governing Free Substitution, see Section 12.2.
 - 13.1.4. The teams shall change ends of the field after the completion of the first overtime period. No half-time break will be permitted, i.e. play in the second overtime period must begin immediately.
- 13.2. The length of overtime play shall be:
 - 13.2.1. Two (2) ten (10) minute periods for U19 and U16
 - 13.2.2. Two (2) nine (9) minute periods for U14
 - 13.2.3. Two (2) seven (7) minute periods for U12
 - 13.2.4. Two (2) five (5) minute periods for U10

- 13.3. Should a tie remain after the completion of the two (2) overtime periods, a winner shall be determined by the taking of kicks from the mark in accordance with FIFA Law.
- 13.3.1. If at the end of the overtime periods, one team has a greater number of players than their opponents, they must reduce their numbers to equate with that of their opponents and the referee must be informed of the name and number of each player excluded.
- 13.3.2. Players on the field at the end of the second overtime period may take part in taking of kicks from the mark, and none of these players may be exempted from the taking of a kick, should the number of kicks required to determine a winner, warrant their participation.

14. MISCONDUCT – SEND OFFS, CAUTIONS & DISMISSALS; GAME REPORTS

- 14.1 A cautioned U16 or U19 player may be substituted, however, should no substitute be available or the coach not wish to substitute, the player may remain on the field.
- 14.2 If at any time during the game, the number of players on the field drops below the minimum requirement of seven (7) players (or five (5) players in U10), the Referee shall abandon the game. The game shall be considered a forfeit.
- 14.3. Any player sent off from the field must immediately leave the field of play but remain in an area that allows the player to be under adult supervision. In the event a player who was sent off refuses to leave the field of play, the Referee shall terminate the game.
- 14.4. Any coach or spectator dismissed from the field must immediately leave the game area so as not to be within sight or sound of the field to the satisfaction of the Referee. In the event a dismissed coach or spectator refuses to leave the game area, the Referee shall terminate the game.
- 14.5. Players sent off or cautioned for infringement of the Laws of the Game, and all disciplinary action resulting from misconduct by players, coaches or spectators, must be reported by the Referee to the Region Referee Administrator and Regional Commissioner of the offending team, the Area Referee Administrator and the Area Director by email within twenty four (24) hours after the conclusion of the game in which the offenses occurred. The written report shall be made on the Misconduct Report form available on the Area 11/K Website. The Area Referee Administrator will confirm that the information was reported to all of the appropriate personnel. Referees without access to email shall report the information by telephone to their Region Referee Administrator to forward to the personnel required by this Section and send the written Misconduct Report to the Area Referee Administrator by mail. Email addresses and postal addresses of the applicable Area 11/K personnel are available on the Area 11/K web site on the Referee and Staff pages.
- 14.5.1 In addition to a written report, if a player is sent off, or a coach or spectator is dismissed from the game area, the Referee shall make an oral report by telephone to the Area Referee Administrator promptly after the game (but not later than the end of the day of the match in question). The telephone number for the Area Referee Administrator is available on the Area 11/K Website and/or the Referee Message Board of the scheduling website for Area 11/K games.
- 14.6. All inappropriate behavior before, during or after a game, especially verbal abuse directed at game officials, by any player, coach or spectator, shall be reported by the Referee to the Region Referee Administrator and Regional Commissioner of the offending team, the Area Referee Administrator and the Area Director by email within (24) hours after the incident. The Area Referee Administrator will confirm that the information was reported to all of the appropriate personnel. Referees without access to email shall report the information by telephone to their Region Referee Administrator to forward to the personnel required by this Section and make a written report to the Area Referee Administrator by mail. Any such incident, when documented in writing, will be reviewed at the discretion of the Area Disciplinary Committee.
- 14.7. The penalty for a player sent off, or coach or spectator who was dismissed from the game area, for any conduct other than as specified below shall be a one (1) game suspension.
- 14.7.1. If a player is sent off for any of the following three (3) offences:
- 1) is guilty of serious foul play;

2) spits on or at an opponent or any other person;

3) uses offensive, insulting or abusive language;

the player will receive a minimum of a one (1) game suspension and may receive additional disciplinary action up to and including suspension for the balance of the season. These three (3) offences are considered by the Area to be intolerable behavior and will be dealt with appropriately by the Area Disciplinary Committee.

- 14.7.2. The penalty for a player sent off or coach dismissed from the game area for violent conduct shall be a minimum two (2) game suspension plus a review by the Area Disciplinary Committee.
- 14.8. The penalty for a player receiving four (4) cautions during the Fall & Playoff season shall be a one (1) game suspension.
- 14.9. The penalty for a player receiving two (2) send offs or a coach being dismissed two (2) or more times during the Fall & Playoff season shall be a three (3) game suspension plus a review by the Area Disciplinary Committee.
- 14.10. Depending on the circumstances surrounding a particular incident, stronger penalties may be imposed as deemed appropriate by the Area Disciplinary Committee.
- 14.11. The Regional Commissioner of the Region whose player was sent off may submit a written request to the Area Referee Administrator to review a send off within two (2) days after receipt of a Misconduct Report. The written request must state the reason for the review and facts known personally first hand to the Commissioner or reported to the Commissioner by the coach of the player who was sent off.
- 14.12. If the Referee is aware that a player and/or coach who has been suspended is participating or interacting with the team or game while serving a suspension, the Referee shall not allow the game to start until the player has left the field of play, or the coach in question has left the game area, to the satisfaction of the Referee. If the game has already started, the Referee shall stop the game, and not allow the game to continue until the player has left the field of play, or the coach in question has left the game area, to the satisfaction of the Referee.
- 14.12.1. If a suspended player plays in a game before the suspension has been served, that player will receive an additional game suspension and the coach will also be suspended for the next game.
- 14.12.2. If a coach who has been suspended coaches the team at a game before the suspension has been served, that coach will receive an additional game suspension. Should this occur twice in the season, the coach will be suspended until the results of a hearing by the Area Disciplinary Committee.
- 14.13. Violators of the penalties set forth in this section shall be subject to a disciplinary review by the Area Disciplinary Committee.
- 14.14. In instances where aggravating circumstances prevail, the player, coach, and/or spectator involved shall be subject to review by the Area Disciplinary Committee for appropriate disciplinary action.
- 14.15. The Area Disciplinary Committee may review any Inter-Regional disciplinary issues resolved or not resolved at the regional level.

15. INTER-REGIONAL PLAY FORMAT

15.1. DIVISION U14, U16 AND U19 AREA K LEAGUE PLAY

- 15.1.1. All regions must declare prior to August 1 of a given year how many teams in each age group will participate in Area 11-K Inter-Regional play.
- 15.1.2. Inter-Regional play will be conducted as League play to determine individual team standings within the age group. Scoring shall be in accordance with Section 11 herein. Once standings of teams are finalized, the teams in good standing will be placed in the Playoff schedules.
- 15.1.2.1. The play-off format shall be determined by the number of teams participating in the playoffs.
- 15.1.2.2. Awards will be given in each division as determined by the Area 11-K Board.

- 15.1.2.3. In the event the Region winning an age group in the Area 11-K Inter-Regional League Playoffs, elects not to participate in the Sectional Playoffs, the option to participate shall be offered to the regions in the order of the Play-off results.
- 15.1.2.4 Teams participating in Area sponsored games are required to provide official, AYSO issued Player, Coach and Assistant Coach ID cards.
- 15.1.3. The last day for roster changes for Inter-Regional play is October 1st.
- 15.2. DIVISION U10, U12 AND U14 POST SEASON INTER-REGIONAL PLAY
- 15.2.1. All regions must declare prior to November 1 of a given year, in which age groups they will be sending a Regional League team to participate in the Area 11-K Playoffs.
- 15.2.1.1 Wild Card team selections shall be on a "blind" draw basis by the Regional Commissioners.
- 15.2.1.2. Once a Region has a Wild Card team selected, they can not have another Wild Card team without the approval of the Area Director.
- 15.2.2. Selection for team placement in each division shall be a "blind" draw by the Regional Commissioners in Area 11-K, and must be completed prior to November 1 of a given year.
- 15.2.3. League play-off format shall be a tournament conducted as determined by the Area 11-K Board. The tournament winner shall be the Area League Champion.
- 15.2.4. In the event the Region winning an age group in the Area 11-K Inter-Regional League Playoff elects not to participate in Section Playoffs, the option to participate in these games shall be offered to the regions in the order of the Play-off results.
- 15.2.5. The Region winning a given age group in the Area 11-K Inter-Regional League Playoff games shall not be allowed to provide the All-Star Team for that age group in Section Playoffs while refusing to provide the League Team for the same age group in the Section Playoffs.
- 15.2.6. Teams participating in the Area Play-offs are required to provide official, AYSO issued Player, Coach and Assistant Coach ID cards.

16. ALL-STAR PROGRAM

- 16.1. All regions must declare prior to November 1 of a given year, in which age groups they will be sending a Regional All-Star team to participate in the Area 11-K All Star season.
- 16.2. All-Star team rosters shall have a minimum of nine (9) and a maximum of ten (10) for U10, minimum of eleven (11) and a maximum of twelve (12) for U12 and minimum of thirteen (13) and a maximum of fifteen (15) for U14.
- 16.3. All-Star team selection shall be set forth by each region in accordance with AYSO Rules & Regulations.
- 16.4. To be eligible for All-Star competition, a player must have demonstrated outstanding soccer skills and ability, displayed an attitude of fair play, show enthusiasm and a cooperative team spirit. Eligibility shall be in accordance with Section 3 herein, and players must compete in the same age group played in during the regular season.
- 16.5. All-Star play-off format shall be a tournament conducted as determined by the Area 11-K Board.
- 16.6. The winner of the All-Star tournament shall be the Area All-star Champion.
- 16.7. Teams participating in the All-Star season are required to have medical releases (white forms) for each player, an official roster, and official, AYSO issued Player, Coach and Assistant Coach ID cards.

17. SPRING PROGRAM

- 17.1. The spring program shall be administered by the Area Director. The format of the spring program will be determined by the Area 11-K Board.

- 17.2. The spring program will have a Recreational League and a Select League. The Recreational League is intended to allow new or less experienced players to develop their skills and play in a fun and more evenly matched environment. The Select League is intended for players who are more experienced and seek to develop their skills in a more competitive environment.
- 17.2.1. To the extent possible with the number of teams participating, the Select League will be divided into two brackets. One bracket will be for the most competitive teams, typically EXTRA teams, Gold All Star teams, and teams with several Competitive Level Guest Players. The other bracket will be for other competitive teams, typically Silver All Star teams, All Star teams that are playing up in the next higher division (such as a U10 Gold All Star team playing in U12 Select), and teams with no or few Competitive Level Guest Players.
- 17.2.2 The Regional Commissioner for each region shall be responsible for determining the bracket in which a Select team should play.
- 17.3 Recreational League teams may not include any All-Star Players, EXTRA Players or Competitive Level Guest Players (an exception to this rule may be made for the child of the head coach). There is no limit on the number of Recreational Level Guest Players that may be on a Recreational League team.
- 17.3 All Select League teams in the U10 to U14 divisions are allowed a maximum of three (3) Guest Players. All Select League teams in the U16 & U19 divisions are allowed a maximum of five (5) Guest Players. Any deviation from the maximum number of Guest Players requires the approval of the Area Director.
- 17.4 “Guest Players” are players who were not registered with AYSO and did not play at least one-half of the games in the immediately prior AYSO fall season.
- 17.4.1 “Competitive Level Guest Players” are Guest Players that the team coach or Regional Commissioner knows or has reason to believe played in a competitive soccer program in the year prior to the start of the spring program, such as a club soccer team, high school soccer team or other similar competitive team.
- 17.4.2 “Recreational Level Guest Players” are all Guest Players other than Competitive Level Guest Players.
- 17.5 “All Star Players” include any players who participated in the most recent All Star program, whether Gold All Stars, Silver All Stars or other All Star division.
- 17.6 Teams participating in the spring program are required to have medical releases (white forms) for each player, an official roster, and official, AYSO issued Player, Coach and Assistant Coach ID cards.

18. INCIDENT REPORTS

- 18.1. Any personal injury, damaged property, or threats of or actual physical violence surrounding an AYSO game, practice, event or property must be reported to the Regional Commissioner for the field where the incident occurred, the Regional Commissioner(s) for the players involved and the Area Director. An AYSO Incident Report must be completed, routed and submitted to AYSO Risk Management in accordance with the written instructions that accompany the AYSO Incident Report.

19. AREA DISCIPLINARY COMMITTEE

- 19.1 The Area Disciplinary Committee shall consist of the Area Director or designee, Area Coach Administrator, Area Referee Administrator and affected Regional Commissioner.
- 19.2 The person subject to a disciplinary action falling under the jurisdiction of and acted upon by the Area Disciplinary Committee can request an oral hearing in writing within ten (10) days of the date of notification of the action. The Area Disciplinary Committee is not required to hold a hearing or request reports from the parties involved unless a written request for a review to do so is received.
- 19.3 The Area Director, or his/her designee, shall make arrangements for the hearing at a time and location most suitable to all concerned. Unless special circumstances prevail, the hearing shall be accomplished within ten (10) days of the date of the written request for a hearing.
- 19.4 The Area Director, or his/her designee, shall give all parties concerned at least twenty four (24) hours notice of the hearing.

- 19.5 The Area Director, or his/her designee, shall serve as the Chairperson, and shall determine:
- (a) Date, Time, and Location
 - (b) Attendees
 - (c) Order in which attendees shall speak
 - (d) Duration of individual testimonies, typically five (5) minutes maximum
- 19.6 Attendees of Area Disciplinary Committee proceedings who are under the age of 18 shall be accompanied throughout the proceedings by one adult who is not a member of the Area Disciplinary Committee.
- 19.7 Only person(s) invited by the Area Director, or his/her designee, shall be allowed to address the Area Disciplinary Committee regarding the issue at hand.
- 19.8 The Area Disciplinary Committee shall deliberate and reach a decision on the issue at hand immediately following the hearing.
- 19.9 The Area Director, or his/her designee, shall communicate (verbally or by e-mail) within twenty four (24) hours to the parties concerned the results of the hearing and action(s) to be taken.
- 19.10 The decision rendered by the Area Disciplinary Committee shall be final.

AREA 11-K BOARD ACKNOWLEDGEMENT

The Area 11-K Board approved these Area 11-K Rules and Regulations by which Area 11-K shall be governed on October 25, 2010.

Gary Schutt	Commissioner Region 5
Russ Marlow	Commissioner Region 55
Dave Fike	Commissioner Region 56
John Almanza	Commissioner Region 117
David Kuiper	Commissioner Region 143
Brett Minter	Commissioner Region 177
Rick Niedermayer	Commissioner Region 517
Lynn Perez	Commissioner Region 1335
Tony De Giglio	Area Director 11-K